



Go ahead, start the best shape of your life today.

O So Slender™ from Oxyfresh helps you lose weight, feel great and have more energy than you ever dreamed possible!

O So Slender™ is an integrated system of three products designed to help you lose weight and be in the best shape of your life.

Water Supplement turns plain drinking water into a refreshing fat-burning beverage that will help you increase your water intake and maximize weight loss.

Yerba Maté Capsules provide a synergistic blend of ingredients formulated to help melt away unwanted pounds. It's an appetite suppressant and metabolism booster.

Soy Protein Shakes, in chocolate and vanilla, are satisfying, nutritious meal replacements that combine the heart-friendly benefits of Isoflavone-rich soy protein with Yerba Maté to help satisfy your hunger and give you the energy you need each day.

Being in the best shape of your life can start today. O So Slender™ is safe, natural and Ephedra-free. This effective system combats fatigue, while increasing energy and stamina — without stimulant side-effects or jitters.



"I lost over 80 pounds and totally changed my life with O So Slender!"

Kate Duffy
Charlotte, North Carolina

"I've had a weight problem most of my adult life. Thanks to Oxyfresh, I've gotten rid of 120 pounds, dropped six sizes and kept the weight off for the last two years."

Barbara Gaddis
Maplewood, New Jersey

Contact your Oxyfresh Distributor to order:

806-438-4856
Dr. Rick Honea, Th.D., CH.
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Vanilla Soy Protein Shake (#315)

Nutrition Facts	
Serving Size: 2 Scoops (39 g)	
Servings Per Container: 12	
Amount Per Serving	
Calories 140	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 170mg	7%
Potassium 390mg	11%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Sugars 14g	
Protein 18g	
Vitamin A 50%	Vitamin C 170%
Calcium 4%	Iron 20%
Thiamin 100%	Riboflavin 100%
Niacin 500%	Vitamin B6 100%
Folate 100%	Vitamin B12 100%
Biotin 100%	Pantothenic Acid 100%
Chromium 170%	

*Percent Daily Values are based on a 2,000 caloric diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Chocolate Soy Protein Shake (#316)

Nutrition Facts	
Serving Size: 2 Scoops (43 g)	
Servings Per Container: 12	
Amount Per Serving	
Calories 160	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 180mg	7%
Potassium 470mg	13%
Total Carbohydrate 19g	6%
Dietary Fiber 0g	0%
Sugars 16g	
Protein 19g	
Vitamin A 50%	Vitamin C 170%
Calcium 4%	Iron 20%
Thiamin 100%	Riboflavin 100%
Niacin 500%	Vitamin B6 100%
Folate 100%	Vitamin B12 100%
Biotin 100%	Pantothenic Acid 100%
Chromium 170%	

*Percent Daily Values are based on a 2,000 caloric diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Water Supplement 32-ounce Bottle (#323) Box of 45 pouches (#321)

Supplement Facts		
Serving Size: 2 teaspoons (1/3 oz.)		
Amount Per Serving		
% DV		
Calories: 4		
Calories From Fat: 0		
Vitamin C	89 mg	100%
Vitamin B6	4 mg	200%
Vitamin B12	30 mcg	360%
Vitamin B3 (Niacin)	15 mg	†
Chromium (Polynicotinate)	30 mcg	†
Proprietary Blend	800 mg	†
Aloe Vera Gel		Yerba Maté
Calcium Pyruvate		Stevia
Garcinia Cambogia		Peppermint Tea
Suma Tea		Pau d'Arco Tea
Chang Tea		Fennel Seed Tea

† Daily Value Not Established

Yerba Maté Capsules (#318)

Supplement Facts		
Serving Size: 1 Capsule		
Servings Per Container: 90		
Amount Per Serving		
% DV		
Vitamin B6 (as Pyridoxine HCl)	1.5 mg	75%
Iodine (as Atlantic Kelp)	38 mcg	25%
Chromium (as Chromium Polynicotinate)	50 mcg	41.67%
Yerba Maté Leaf Extract (YerbaGold®)	350 mg	†
Green Tea Leaf Extract	150 mg	†
Bitter Orange Peel (Advantra Z®)	50 mg	†
Cayenne Fruit	55 mg	†
Uva Ursi Leaf	30 mg	†
White Willow Bark 4:1 Extract	25 mg	†
Spirulina Algae	20 mg	†
Ginger Root 4:1 Extract	10 mg	†

† Daily Value not established

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Botanical Ingredient Glossary

Aloe Barbadosis (*Aloe Vera Gel*) – ensures nutrient absorption, vital to production of collagen, supports bones, cartilage, muscles and blood vessels, aids immune system

Bitter Orange Peel (*Advantra Z[®]*) – stimulates digestion

Cayenne Fruit – improves digestion and circulation

Chang Tea – naturally boosts energy

Cocoa – natural flavoring

Fennel Seed Tea – improves digestion, removes fat from intestinal tract

Fructose – Sweetest natural sugar found in fruits, vegetables and honey, has very little effect on blood sugar and only a negligible effect on the secretion of insulin

Garcinea Cambogia – curbs appetite, enhances metabolism, lowers cholesterol, increases energy and stamina

Ginger Root Extract – stimulates digestion

Green Tea Leaf Extract – regulates blood pressure and blood sugar, powerful antioxidant effects

Iodine (*Kelp Atlantic*) – stimulates metabolism

Pau d'Arco Tea – bolsters immunity, reduces water retention

Peppermint Tea – promotes healthy digestion, natural flavoring

Soy Protein Isolate (*Isoflavone*) – promotes heart health, reduces risk of cancer, curbs appetite, detoxifies, improves immunity

Spirulina Algae – excellent source of protein and antioxidants

Stevia – natural sweetener

Suma Tea – aids tissue repair, supports the building of lean muscle

Uva Ursi Leaf – reduces water retention

White Willow Bark Extract – enhances thermogenic potency of other ingredients

Yerba Maté Leaf Extract (*YerbaGold[®]*) – increases mental and physical energy

Other Ingredients

Beta Carotene (*Vitamin A*) – regulates immune system, supports vision, bone growth and reproduction

Biotin – aids metabolism of protein, fats and carbohydrates

Calcium Pyruvate – enhances metabolism and fat loss, increases endurance, supports lean muscle

Cellulose Gum – binder

Chromium (*Polynicotinate*) – lowers cholesterol, reduces sugar cravings

Chromium Niacin Amino Acid Chelate – lowers cholesterol, reduces sugar cravings

Citric Acid – FDA-approved natural preservative, extends shelf life

Creatine Monohydrate – supports formation of lean muscle mass, improves metabolic rate

d-Calcium Pantothenate (*Pantothenic Acid*) – essential for metabolism of fats and carbohydrates

Folic Acid – aids tissue growth and cell function

Gelatin – binder

Glycerin – attracts moisture

Hydroxypropylcellulose – binder

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Lycopene – powerful antioxidant effects, reduces risk of heart disease and cancer

Niacinamide (*Niacin*) – releases energy from carbohydrates, regulates cholesterol

Potassium Citrate – essential for protein, carbohydrate and glucose metabolism, regulates water balance, level of acidity, blood pressure and neuromuscular function, critical to healthy heart function

Potassium Sorbate – FDA-approved preservative, extends shelf life

Rice Syrup Solids – hypoallergenic, gluten-free and GMO-free sweetener

Silicon Dioxide – Supports healthy skin, hair and connective tissues

Sodium Benzoate – FDA-approved preservative, extends shelf life

Vitamin B1 (*Thiamine Mononitrate*) – converts carbohydrates into energy

Vitamin B12 (*Cyanocobalamin*) – supports metabolism and central nervous system, aids formation of red blood cells

Vitamin B2 (*Riboflavin*) – releases energy from proteins, fats and carbohydrates during metabolism

Vitamin B3 (*Niacin*) – releases energy from carbohydrates, regulates cholesterol

Vitamin B6 (*Pyridoxine HCl*) – essential for converting food into energy, supports immune system through the synthesis of antibodies

Vitamin C (*Ascorbic Acid*) – essential for converting food into energy, vital to production of collagen, supports bones, cartilage, muscles and blood vessels, aids immune system

Xanthan Gum – FDA-approved food additive, stabilizer, thickener and suspending agent

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These statements have not been evaluated by the FDA. Oxyfresh products are not intended to diagnose, treat, cure or prevent any disease or illness. Pregnant or lactating women, hypoglycemics and people with known medical conditions should consult with a physician prior to starting any weight loss program.

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